



**Wayne Enright**  
Principal trek & Tour Guide



Wayne with his good friend Rob Roy from Buna

After completing a Degree in Physical Education and Biology in the early 80's, Wayne spent 5 years developing and managing a large health & fitness facility in Adelaide; including a country health retreat for executives on Kangaroo Island.

In 1988 he undertook Graduate studies in Health Counseling and Group Work while working as a consultant for Corporate Health Group. During his 12 years as a corporate health consultant, Wayne's roles included lifestyle counseling, executive health evaluations, onsite health testing and the delivery of health promotion and performance enhancement programs for numerous local, national and international companies.

Throughout the 90's Wayne worked with leading organisations to assist them in improving the self-management skills and teamwork of their staff. During this time, Wayne continued further studies in accelerated learning methodologies such as 'Learning to Learn', 'Skills for Training Mastery', 'Investment in Excellence', 'Beyond Words' and 'Facilitation Mastery'. Wayne is qualified and experienced in Wilderness First Aid & Remote Area Emergency Response skills and completes regular updates including CPR each year.

In 2001, Wayne established Healthy Teams to provide unique learning experiences in the areas of health, life balance, leadership & teamwork. Free Spirit Adventures came to fruition in 2004 to offer inspiring journeys for those with a spirit of adventure.

Wayne first ventured to the jungles of Papua New Guinea after being diagnosed with a neurological condition that effected his speech and threatened his professional speaking career. He completed his first crossing of the Kokoda Track in 2003. Since then, Wayne has completed the journey numerous times; including his first back to back trek in 2007 when he took a group from Owers Corner to Kokoda, then continued on to Buna village on the coast for 4 days by himself before making the return trip from Kokoda to Owers Corner.

The son of a Korean War veteran and military historian; Wayne has a passion for adventure and a keen interest in the history, culture and people of the Kokoda Track. His vision for *Free Spirit Adventures* is to establish a boutique adventure travel business that inspires people to live a more authentic, bold and extra-ordinary life that frees their spirit.



**From a thank you card**

*Thank you Wayne for your Herculean effort to prepare and lead us on the most amazing and memorable experience.*

*You handled every challenge and all our personalities with utmost professionalism and a smile.*

*We look forward to sharing more adventures with you in the future.*

*Steve & Cathy Grace*